

DON'T WASTE FOOD SC

PREVENT • DONATE • COMPOST

Find food waste reduction tips at www.scdhec.gov/dontwastefoodsc.

MEAL PLAN FOR THE WEEK OF _____

Monday _____

Tuesday _____

Wednesday _____

Thursday _____

Friday _____

Saturday _____

Sunday _____

Shopping List

Dairy _____

Grocery _____

Pet Needs _____

Cleaning Supplies _____

Paper Products _____

Frozen _____

Deli _____



Office of Solid Waste Reduction & Recycling

1-800-768-7348