For more information about postpartum newborn home visits, or to ask about a visit, call your local public health department

-OR-

call the toll free **DHEC CARELINE** at **1-855-4-SCDHEC**

1-855-472-3432

Public Health	Phone	Public Health	Phone	
Department	Number	Department	Number	
Abbeville	(864) 366-2131	Horry		
Aiken		• Conway	(843) 915-8800	
Allendale		Myrtle Beach		
Anderson		Little River		
Bamberg		Jasper	(843) 726-7788	
Barnwell		Kershaw	(803) 425-6012	
Beaufort		Lancaster	(803) 286-9948	
 Wilmington St 	(843) 525-7615	Laurens	(864) 833-0000	
 Bluffton Pkwy 	(843) 757-2251	Lee	(803) 484-6612	
Berkeley /		Lexington	(803) 785-6550	
Goose Creek		Marion	(843) 423-8295	
 Moncks Corner 	(843) 719-4600	Marlboro	(843) 479-6801	
Calhoun	(803) 874-2037	McCormick		
Clarendon		Newberry		
Charleston/		Oconee		
Cherokee		Orangeburg		
Chester		Pickens		
Chesterfield		Richland		
Clarendon		Saluda		
Colleton	(843) 549-1516	Spartanburg	(864) 596-2227	
Darlington		Sumter		
 Darlington 		Magnolia St	<u>(</u> 803) 778-6548	
Hartsville		Stuart Ave		
Dillon		Williamsburg		
Dorchester		Union	(864) 429-1690	
Edgefield		York		
Fairfield	(803) 635-6481	• York	(803) 684-7004	
Florence		Rock Hill	(803) 909-7300	
West Evans St				
• E. Cheves St.				
Lake City	(843) 394-8822			
Georgetown				
Greenville				
Greenwood	(864) 942-3600			

(843) 943-3878

Hampton..





scdhec.gov



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Postpartum Newborn Home Visiting Service

by a Public Health Nurse





What is a Postpartum Newborn Home Visit?



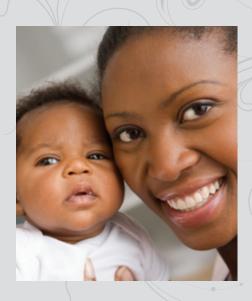


The postpartum newborn home visit is a service for new moms and their babies. Health Department nurses provide the visit to eligible families. The visit is covered by some Medicaid insurance plans. Ask your doctor to make a referral or write an order for a visit.

In the first few days after you and your baby leave the hospital, many changes take place. During the postpartum newborn home visit the nurse will come to your home to make sure you and your baby are doing well.

Someone will contact you or a relative to schedule a time for the nurse to visit you in your home. The nurse will usually spend 1-2 hours with you and your baby.

"A healthy start for you and your baby"



What Will the Nurse Do?

- Ask questions about your health and your baby's health
- Weigh your baby
- · Do a physical exam of your baby
- Check your blood pressure
- · Do a partial physical exam on you, if needed
- Help you get health care providers' appointments for you and your baby
- · Help you with breastfeeding, if needed
- Give you a method of birth control, such as condoms, if needed
- · Talk with you about other community
- · resources you may find helpful such as WIC, Babynet, and reading programs
- Answer your questions





To help you care for yourself, the nurse will talk to you about:

- Breast care
- · Signs and symptoms of illness
- · Taking care of yourself
- Postpartum activity
- · Sleep needs
- · Nutritional needs
- Birth control methods
- Prevention of sexually transmitted infections

To help you care for your baby, the nurse will talk to you about:

- Well child care
- · Baby's brain development
- Immunizations
- Safety in the car, home, and other places
- Hand washing
- Signs and symptoms of illness
- Taking care of baby's skin, mouth, and diaper area
- Umbilical cord care and circumcision care
- Care for your infant son's penis if he is not circumcised
- Feeding your baby
- Safe sleep, infant sleep patterns, and SIDS risk reduction
- · Shaken baby syndrome prevention
- Exposure to second-hand smoke and other harmful substances

