



Teach them how to be bold

Through **Live Vape Free**SM, we can coach you so you can talk with your kids about vaping. It's never too soon to show your kids how to deal with peer pressure and make their own decisions for their health and life.

Live Vape Free helps you talk with your teen about vaping



Self-paced online course

Learn about warning signs and facts, and get practical advice for how to talk with your teen about vaping.



1-on-1 support

Connect with a coach who has specific training on vaping and can offer additional tips.



Downloadable toolkit

Get tools to start the conversation with your teen, such as questionnaires, quizzes and more.

Find out more: [rallyhealth.com/live-vape-free](https://www.rallyhealth.com/live-vape-free)

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