

# Stop the Spread of Germs

Help prevent the spread of respiratory viruses like COVID-19.

## What are the symptoms?



Fever



Cough



Shortness of Breath



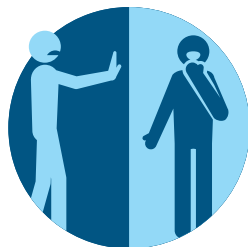
New Loss of Taste and/  
or Smell

Other symptoms of COVID-19 may include: fatigue, muscle aches, headache, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea. [scdhec.gov/covid19/symptoms-covid-19](https://scdhec.gov/covid19/symptoms-covid-19)

## How is it prevented?



Wash hands often



Avoid contact with  
sick people



Stay home while you  
are sick; avoid others



Clean and disinfect  
frequently touched  
objects and surfaces



Cover mouth/nose with  
a tissue or sleeve when  
coughing or sneezing



Wear a cloth face covering  
when out in public



Avoid touching eyes, nose, or  
mouth with unwashed hands