

Stop the Spread of Germs

Help prevent the spread of respiratory viruses like COVID-19 and flu.

What are the symptoms?



Fever



Cough



Shortness of Breath



New Loss of Taste and/or Smell

Other symptoms of COVID-19 may include: fatigue, muscle aches, headache, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea. scdhec.gov/covid19/symptoms-covid-19

How is it prevented?



Wash hands often



Avoid touching eyes, nose, or mouth with unwashed hands



Avoid contact with sick people



Stay home while you are sick; avoid others



Cover mouth/nose with a tissue or sleeve when coughing or sneezing



Wear a cloth face covering when out in public



Clean and disinfect frequently touched objects and surfaces