

# Preparing for the spread of COVID-19

## How do I prepare?

**CREATE  
A HOME  
ESSENTIALS  
KIT**



Non-perishable food



Bottled water



Medications



First aid kit



Baby supplies



Pet supplies

## Know the symptoms of COVID-19



Fever



Cough



Shortness of Breath

## Take everyday precautions



Wash your hands



Don't touch your face



Avoid sick people