Preparing for the spread of COVID-19

How do I prepare?

- Use Delivery or Curbside Pickup Services
- Keep Well-baby Checkups
- Always Bring Extra Masks
- Get Your Flu Shot.
- Make Telemedicine Appointments

Know the symptoms of COVID-19

- Fever
- Cough
- Shortness of Breath
- New loss of taste and/or smell

Other symptoms of COVID-19 may include: fatigue, muscle aches, headache, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea, [https://scdhec.gov/covid19/symptoms-covid-19](https://scdhec.gov/covid19/symptoms-covid-19)

Take everyday precautions

- Wash your hands
- Don't touch your face
- Avoid sick people
- Wear a face mask

Visit scdhec.gov/COVID19 for more information.