

# COVID-19 is no joke.

There's no better community service right now than staying at home, avoiding crowds and people who are sick.

## Look for ways to help:

- Reach out to support older relatives or community members
- Pick up and **safely** deliver groceries so loved ones can stay home and stay safe
- Stay connected through video chat and phone calls

Visit [scdhec.gov/COVID19](https://scdhec.gov/COVID19) for more information.





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**Be a leader by protecting  
yourself, your loved ones  
and others.**

Staying at home and away  
from others today can help bring  
a brighter tomorrow.