

For more information about postpartum newborn home visits, or to ask about a visit, call your local public health department

– OR –

call the toll free **DHEC CARELINE** at
1-855-4-SCDHEC
 1-855-472-3432

Public Health Department

Phone Number

Abbeville.....(864) 366-2131
 Aiken.....(803) 642-1687
 Allendale.....(803) 584-3818
 Anderson.....(864) 260-5541
 Bamberg.....(803) 245-5176
 Barnwell.....(803) 541-1061
 Beaufort
 • Wilmington St.....(843) 525-7615
 • Bluffton Pkwy.....(843) 757-2251
 Berkeley
 • Goose Creek.....(843) 572-3313
 • Moncks Corner.....(843) 719-4600
 Calhoun.....(803) 874-2037
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 Chester.....(803) 385-6152
 Chesterfield.....(843) 623-2117
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 • Darlington.....(843) 398-4400
 • Hartsville.....(843) 332-7303
 Dillon.....(843) 774-5611
 Dorchester.....(843) 832-0041
 Edgefield.....(803) 637-4035
 Fairfield.....(803) 635-6481
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 • West Evans St.....(843) 661-4835
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 • Lake City.....(843) 394-8822
 Georgetown.....(843) 546-5593
 Greenville.....(864) 282-4100
 Greenwood.....(864) 942-3600
 Hampton.....(843) 943-3878

Public Health Department

Phone Number

Horry
 • Conway.....(843) 915-8800
 • Myrtle Beach.....(843) 915-4800
 • Little River.....(843) 915-5654
 Jasper.....(843) 726-7788
 Kershaw.....(803) 425-6012
 Lancaster.....(803) 286-9948
 Laurens.....(864) 833-0000
 Lee.....(803) 484-6612
 Lexington.....(803) 785-6550
 Marion.....(843) 423-8295
 Marlboro.....(843) 479-6801
 McCormick.....(864) 852-2511
 Newberry.....(803) 321-2170
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 Orangeburg.....(803) 533-5480
 Pickens.....(864) 898-5965
 Richland.....(803) 576-2900
 Saluda.....(864) 445-2141
 Spartanburg.....(864) 596-2227
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 • Magnolia St.....(803) 778-6548
 • Stuart Ave.....(803) 895-4913
 Williamsburg.....(843) 355-6012
 Union.....(864) 429-1690
 York
 • York.....(803) 684-7004
 • Rock Hill.....(803) 909-7300



Postpartum Newborn Home Visiting Service
 by a Public Health Nurse



scdhec.gov



What is a Postpartum Newborn Home Visit?



The postpartum newborn home visit is a service for new moms and their babies. Health Department nurses provide the visit to eligible families. The visit is covered by some Medicaid insurance plans. Ask your doctor to make a referral or write an order for a visit.

In the first few days after you and your baby leave the hospital, many changes take place. During the postpartum newborn home visit the nurse will come to your home to make sure you and your baby are doing well.

Someone will contact you or a relative to schedule a time for the nurse to visit you in your home. The nurse will usually spend 1-2 hours with you and your baby.

“A healthy start for you and your baby”



What Will the Nurse Do?

- Ask questions about your health and your baby's health
- Weigh your baby
- Do a physical exam of your baby
- Check your blood pressure
- Do a partial physical exam on you, if needed
- Help you get health care providers' appointments for you and your baby
- Help you with breastfeeding, if needed
- Give you a method of birth control, such as condoms, if needed
- Talk with you about other community resources you may find helpful such as WIC, Babynet, and reading programs
- Answer your questions



To help you care for your baby, the nurse will talk to you about:

- Well child care
- Baby's brain development
- Immunizations
- Safety in the car, home, and other places
- Hand washing
- Signs and symptoms of illness
- Taking care of baby's skin, mouth, and diaper area
- Umbilical cord care and circumcision care
- Care for your infant son's penis if he is not circumcised
- Feeding your baby
- Safe sleep, infant sleep patterns, and SIDS risk reduction
- Shaken baby syndrome prevention
- Exposure to second-hand smoke and other harmful substances

To help you care for yourself, the nurse will talk to you about:

- Breast care
- Signs and symptoms of illness
- Taking care of yourself
- Postpartum activity
- Sleep needs
- Nutritional needs
- Birth control methods
- Prevention of sexually transmitted infections

