

2013 SC BRFS: Poor physical or mental health

How many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

| | Total Respondents | None | | | | 1-2 days | | | | 3-7 days | | | | 8-29 days | | | | 30 days | | | |
|-------------------------|-------------------|-------|-------|-----------|-------|----------|-------|-----------|-------|----------|-------|-----------|-------|-----------|-------|-----------|-------|---------|-------|-----------|-------|
| | | N | % | C.I.(95%) | | N | % | C.I.(95%) | | N | % | C.I.(95%) | | N | % | C.I.(95%) | | N | % | C.I.(95%) | |
| TOTAL | 5,458 | 3,042 | 57.61 | 55.71 | 59.51 | 511 | 9.94 | 8.79 | 11.08 | 620 | 11.53 | 10.31 | 12.74 | 764 | 12.81 | 11.53 | 14.09 | 521 | 8.12 | 7.13 | 9.11 |
| GENDER | | | | | | | | | | | | | | | | | | | | | |
| Male | 1,960 | 1,109 | 60.49 | 57.52 | 63.47 | 176 | 8.86 | 7.13 | 10.60 | 216 | 10.73 | 8.93 | 12.54 | 259 | 11.51 | 9.63 | 13.38 | 200 | 8.41 | 6.84 | 9.97 |
| Female | 3,498 | 1,933 | 55.42 | 52.98 | 57.86 | 335 | 10.75 | 9.23 | 12.28 | 404 | 12.13 | 10.50 | 13.76 | 505 | 13.80 | 12.06 | 15.54 | 321 | 7.90 | 6.63 | 9.17 |
| RACE | | | | | | | | | | | | | | | | | | | | | |
| White | 3,543 | 1,991 | 57.46 | 55.16 | 59.77 | 357 | 10.59 | 9.14 | 12.05 | 407 | 11.91 | 10.44 | 13.39 | 476 | 12.44 | 10.92 | 13.95 | 312 | 7.59 | 6.44 | 8.74 |
| African American | 1,508 | 832 | 58.04 | 54.35 | 61.72 | 130 | 9.18 | 7.08 | 11.28 | 159 | 9.44 | 7.40 | 11.48 | 225 | 13.65 | 10.99 | 16.30 | 162 | 9.69 | 7.47 | 11.91 |
| Other | 277 | 148 | 56.83 | 48.47 | 65.18 | 21 | 8.68 | 4.27 | 13.10 | 40 | 15.78 | 9.46 | 22.11 | 41 | 12.41 | 6.88 | 17.93 | 27 | 6.30 | 2.80 | 9.80 |
| HISPANIC | | | | | | | | | | | | | | | | | | | | | |
| Yes | 80 | 43 | 53.23 | 39.14 | 67.32 | 9 | 10.08 | 2.71 | 17.45 | 15 | 18.77 | 7.78 | 29.76 | 8 | 13.41 | 3.07 | 23.75 | 5 | 4.51 | 0.00 | 9.22 |
| No | 5,278 | 2,943 | 57.65 | 55.74 | 59.56 | 500 | 10.07 | 8.90 | 11.23 | 594 | 11.28 | 10.09 | 12.47 | 743 | 12.85 | 11.57 | 14.13 | 498 | 8.15 | 7.14 | 9.16 |
| AGE | | | | | | | | | | | | | | | | | | | | | |
| 18-24 | 311 | 209 | 65.59 | 59.33 | 71.85 | 42 | 13.24 | 8.89 | 17.59 | 32 | 10.91 | 7.00 | 14.82 | 25 | 8.96 | 4.93 | 13.00 | 3 | 1.30 | 0.00 | 2.86 |
| 25-34 | 504 | 323 | 64.06 | 59.01 | 69.10 | 59 | 11.54 | 8.30 | 14.78 | 54 | 10.88 | 7.67 | 14.09 | 44 | 8.66 | 5.70 | 11.63 | 24 | 4.86 | 2.56 | 7.16 |
| 35-44 | 644 | 377 | 57.47 | 52.49 | 62.46 | 71 | 9.49 | 6.85 | 12.14 | 75 | 11.72 | 8.36 | 15.09 | 78 | 12.70 | 9.10 | 16.29 | 43 | 8.61 | 5.68 | 11.54 |
| 45-54 | 934 | 473 | 52.75 | 48.41 | 57.09 | 95 | 9.83 | 7.25 | 12.40 | 117 | 11.98 | 9.30 | 14.66 | 155 | 15.44 | 12.29 | 18.60 | 94 | 10.00 | 7.48 | 12.52 |
| 55-64 | 1,328 | 658 | 51.11 | 47.38 | 54.83 | 127 | 9.17 | 7.11 | 11.22 | 157 | 11.93 | 9.57 | 14.29 | 235 | 17.01 | 14.26 | 19.75 | 151 | 10.79 | 8.42 | 13.17 |
| 65+ | 1,737 | 1,002 | 56.72 | 53.36 | 60.07 | 117 | 6.92 | 5.22 | 8.62 | 185 | 11.57 | 9.25 | 13.88 | 227 | 12.98 | 10.81 | 15.15 | 206 | 11.82 | 9.56 | 14.08 |
| EDUCATION | | | | | | | | | | | | | | | | | | | | | |
| Less Than H.S. | 750 | 363 | 49.55 | 44.32 | 54.77 | 25 | 5.06 | 2.51 | 7.60 | 73 | 9.54 | 6.53 | 12.56 | 147 | 18.64 | 14.63 | 22.64 | 142 | 17.22 | 13.52 | 20.91 |
| H.S. or G.E.D. | 1,660 | 903 | 57.89 | 54.60 | 61.17 | 122 | 8.64 | 6.74 | 10.54 | 194 | 11.86 | 9.75 | 13.97 | 265 | 13.78 | 11.54 | 16.03 | 176 | 7.83 | 6.23 | 9.44 |
| Some Post-H.S. | 1,445 | 819 | 59.15 | 55.62 | 62.68 | 138 | 11.09 | 8.78 | 13.40 | 162 | 12.00 | 9.62 | 14.38 | 200 | 11.40 | 9.18 | 13.63 | 126 | 6.36 | 4.85 | 7.87 |
| College Graduate | 1,590 | 952 | 62.49 | 59.16 | 65.83 | 225 | 14.46 | 12.09 | 16.82 | 189 | 11.67 | 9.58 | 13.75 | 149 | 8.31 | 6.40 | 10.21 | 75 | 3.08 | 2.00 | 4.15 |
| HOUSEHOLD INCOME | | | | | | | | | | | | | | | | | | | | | |
| Less than \$15,000 | 863 | 371 | 43.40 | 38.63 | 48.16 | 48 | 5.94 | 3.72 | 8.16 | 89 | 11.24 | 8.05 | 14.44 | 190 | 22.84 | 18.62 | 27.06 | 165 | 16.59 | 13.21 | 19.97 |
| \$15,000- \$24,999 | 1,082 | 542 | 49.69 | 45.27 | 54.11 | 77 | 9.19 | 6.44 | 11.93 | 129 | 12.70 | 9.75 | 15.66 | 216 | 19.05 | 15.57 | 22.53 | 118 | 9.37 | 6.78 | 11.96 |
| \$25,000- \$34,999 | 592 | 343 | 62.89 | 57.52 | 68.26 | 48 | 8.32 | 5.25 | 11.38 | 64 | 11.13 | 7.54 | 14.73 | 87 | 11.19 | 8.08 | 14.30 | 50 | 6.46 | 4.02 | 8.91 |
| \$35,000- \$49,999 | 629 | 392 | 62.83 | 57.43 | 68.23 | 67 | 11.13 | 7.58 | 14.69 | 66 | 10.49 | 7.16 | 13.82 | 63 | 9.40 | 5.77 | 13.02 | 41 | 6.15 | 3.71 | 8.59 |
| \$50,000+ | 1,513 | 965 | 67.18 | 63.96 | 70.41 | 207 | 13.44 | 11.04 | 15.84 | 177 | 11.36 | 9.30 | 13.41 | 110 | 5.66 | 4.28 | 7.04 | 54 | 2.36 | 1.45 | 3.27 |
| REGION | | | | | | | | | | | | | | | | | | | | | |
| Region I | 618 | 349 | 57.33 | 51.32 | 63.34 | 59 | 12.29 | 8.14 | 16.44 | 64 | 9.48 | 6.10 | 12.86 | 78 | 10.50 | 6.99 | 14.01 | 68 | 10.40 | 6.92 | 13.87 |
| Region II | 786 | 423 | 57.48 | 52.73 | 62.22 | 85 | 8.73 | 6.24 | 11.22 | 99 | 12.86 | 9.81 | 15.92 | 115 | 13.54 | 10.24 | 16.84 | 64 | 7.39 | 5.08 | 9.70 |
| Region III | 830 | 469 | 57.86 | 53.39 | 62.33 | 97 | 11.63 | 8.75 | 14.51 | 101 | 12.05 | 9.15 | 14.95 | 103 | 12.25 | 9.11 | 15.40 | 60 | 6.20 | 4.14 | 8.27 |
| Region IV | 689 | 365 | 54.34 | 49.34 | 59.34 | 59 | 9.25 | 6.42 | 12.08 | 71 | 9.93 | 6.99 | 12.88 | 95 | 12.20 | 9.04 | 15.37 | 99 | 14.28 | 10.57 | 17.98 |
| Region V | 579 | 324 | 54.82 | 48.95 | 60.69 | 41 | 9.40 | 5.53 | 13.26 | 62 | 10.98 | 7.40 | 14.56 | 94 | 15.14 | 11.07 | 19.22 | 58 | 9.66 | 6.37 | 12.95 |
| Region VI | 616 | 321 | 53.52 | 48.26 | 58.77 | 46 | 7.81 | 4.84 | 10.77 | 76 | 12.73 | 9.16 | 16.30 | 109 | 17.32 | 13.49 | 21.16 | 64 | 8.63 | 5.94 | 11.32 |
| Region VII | 806 | 481 | 63.62 | 59.13 | 68.10 | 74 | 8.78 | 6.24 | 11.32 | 79 | 10.45 | 7.57 | 13.34 | 104 | 11.28 | 8.44 | 14.12 | 68 | 5.87 | 3.68 | 8.05 |
| Region VIII | 534 | 310 | 57.18 | 50.77 | 63.59 | 50 | 10.89 | 7.03 | 14.74 | 68 | 13.50 | 8.55 | 18.45 | 66 | 12.92 | 8.65 | 17.18 | 40 | 5.52 | 3.30 | 7.73 |