



CBG 'n Me

-How to Make a Rain Stick-



Items Needed:

- A long cardboard tube (paper towel or wrapping paper tube)
- Paper
- Aluminum foil
- Rice, beans or tiny pasta
- Tape
- Scissors
- Crayons or markers



Step 1:

- Make a cap for the end of the end of your tube with a piece of paper
- Tape it on the tube



Step 2:

- Cut the aluminum foil and twist it to look like a spring



Step 3:

- Put the aluminum foil spring into your tube

Step 4:

- Pour a little uncooked rice, beans or birdseed into your tube
- The tube should only be about 1/10 full



Step 5:

- Make a cap for the other end of your tube and tape it on the tube



Step 6:

- Decorate it however you like!
- Now you have a rain stick