WIC looks to safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care. This mission is accomplished through certification appointments and follow-up nutrition education sessions. During a typical certification a competent professional authority obtains anthropometrics, performs a health and nutritional assessment, and provides counseling/education based on identified risk codes.

Due to the COVID-19 pandemic USDA has placed a temporary waiver on the requirement for participants to be physically present during a certification. To ensure our program continues to offer the highest level of services we have created a Medical Referral Form. The purpose of the form is to collect accurate and up to date anthropometric data. There are also sections that allow for any pertinent medical history or requested nutrition counseling to be documented. Your office may have clients request the form be filled out for their next WIC appointment, or it can be used to refer a new client who would benefit from WIC’s services.

If you have any additional questions or would like to request additional forms please reach out to your local WIC clinic: