



South Carolina State Nutrition Action Coalition (SNAC)





History of SNAC

The United States Department of Agriculture, Food and Nutrition Service Regional Office was charged with establishing a new SNAC (or similar council) in States with a high obesity rate, to align nutrition and obesity prevention activities across programs.

What is SNAC?

SNAC is a collaboration of state agencies and nonprofits organizations that implement USDA programs. Together these organizations reach underserved people throughout their life span, from pregnancy through aging, providing food benefits, nutrition education and obesity prevention services and resources.

What is the Purpose of SNAC?

SNACs were established to maximize nutrition education efforts and improve coordination and cooperation among the state agencies, FNS nutrition assistance programs, public health agencies, and EFNEP. SNAC plans focus on one or more common goals, promote collaboration, and use integrated approaches to connect efforts and resources.

Overarching Goal

Implement collective approaches that positively impact the clients we serve based on pooled resources, knowledge, and activities.

Key Partners:

Child and Adult Care Food Program (CACFP) & Farm to Preschool Program (FtoP)- DSS

Clemson Extension Rural Health and Nutrition Programs- CU

Commodity Supplemental Food Program (CSFP)- SCDA

Expanded Food & Nutrition Education Program (EFNEP)- CU

The Emergency Food Assistance Program (TEFAP)- SCDA

Farmers Market Nutrition Program (FMNP)- SCDA

Farm To School Program (FtoS)- DOE

Feeding the Carolinas

FoodShare South Carolina Program- UofSC

Fresh Fruit and Vegetable Program (FFVP)- DOE

Healthy Bucks Program- DSS

SC School Wellness Policy (National Lunch, Breakfast, Special Milk Program)- DOE

Seniors Farmers' Market Nutrition Program (SFMNP)- DSS/DOA

Senior Nutrition Programs- DOA

South Carolina State University 1890 Research & Extension- SNAP-Ed/EFNEP

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)- DHEC

Summer Food Service Program (SFSP) Summer Break Cafe- DOE

Supplemental Nutrition Assistance Program (SNAP) Outreach- DSS

Supplemental Nutrition Assistance Program Education (SNAP-Ed), (CYLI, DHEC, LCFB, UofSC)- DSS



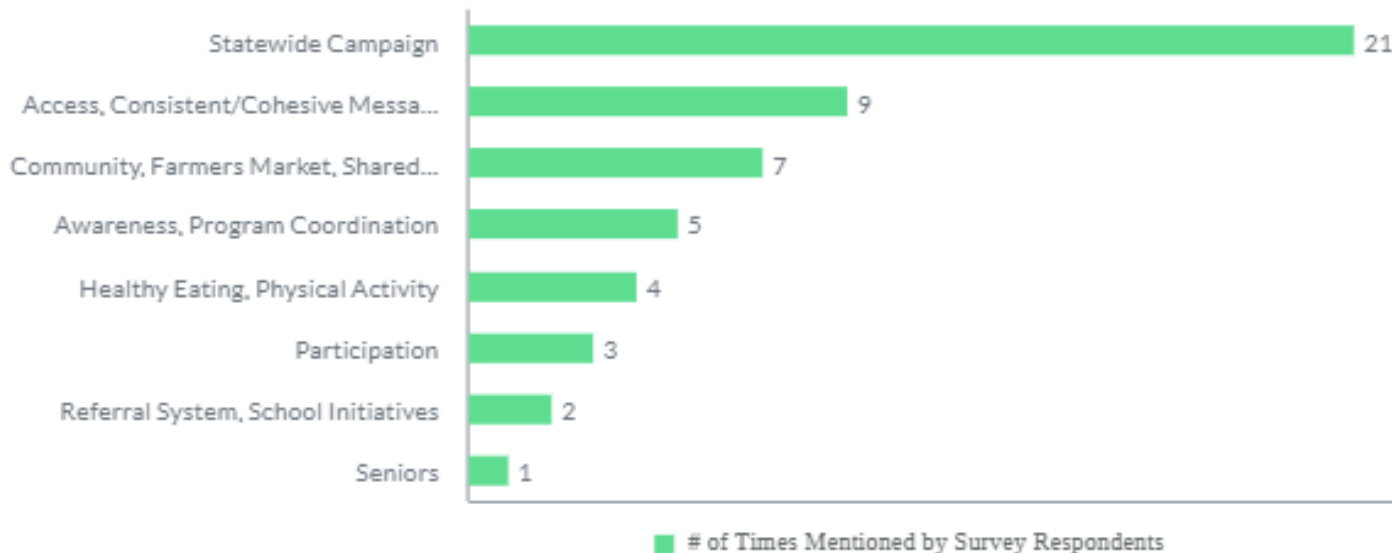
Key Recommendations

SC SNAC Assessment

- **August 2019 – September 2020** SC SNAC Assessment was conducted; 33 individual interviews and surveys were completed and evaluated.

Informants were asked: What type of obesity prevention initiatives would you recommend SC State Nutrition Action Coalition (SNAC) address in order to have the most significant impact on obesity in South Carolina (Figure 6)? Please see appendix B for more information on types of obesity-prevention initiatives.

Figure 6. *Key Recommendations for SNAC Initiatives*



SNAC Goals and supporting Initiatives

- SNAC Goals FY2023
 1. Coordinate the delivery of service among SNAC programs-
 - Developing a nutrition education internal referral system to reduce lapse in service for recipients
 - Identified current program connections
 - Future expansion for referral opportunities for recipients
 - “Mapping” web of influence amongst agencies/programs to identify gaps in service and opportunities for collaboration
 - Varying levels of collaboration and leveraging of funds/expertise/resources to maximize program impact
 - High degree of desire to collaborate and provide cohesive messaging

SNAC Goals and supporting Initiatives

- SNAC Goals FY2023 and project
 2. Focus on Food and Nutrition Security- *Increasing food access in underserved areas*
 - Continue promoting use of SC SNAC- Food and Nutrition Resource guide
 - Statewide 5210 campaign – launching Nov 2023
 - Broaden Partnerships- continue to coordinate efforts with hunger advocates to increase FNS program participation

SNAC Goals and supporting Initiatives



Food and Nutrition Programs

Child and Adult Care Food Program (CACFP)
scchildcare.org/programs/child-and-adult-care-food-program
 Reimburses child care centers, adult care centers, afterschool programs, emergency shelters, and child care homes which provide healthy meals and snacks that meet USDA nutritional guidelines.
 Contact: Mary A. Young, CACFP Director, mary.abney-young@dss.sc.gov

Clemson Extension Rural Health and Nutrition Programs
clmson.edu/extension/health/index.html
 Provides free, educational programs focusing on chronic disease prevention and self-management with a strong focus on diabetes and hypertension. Virtual, in-person and hybrid delivery available.
 Contact: Rhonda Matthews, Rural Health Team Director, rhonda@clmson.edu

Commodity Supplemental Food Program (CSFP)
agriculture.sc.gov/divisions/external-affairs-economic-development/tefap-csfp
 Works to improve the health of low-income persons at least 60 years of age by supplementing their diets with nutritious USDA foods. USDA distributes both food and administrative funds to participating states and Indian Tribal Organizations to operate CSFP.
 Contact: Chris Doyle, Program Coordinator, TEFAP/CSFP/SFMNP; cdoyle@scca.sc.gov

Expanded Food and Nutrition Education Program (EFNEP)
clmson.edu/extension/efnep/index.html
 Aims to provide practical, hands-on nutrition education in four core areas: diet quality, physical activity, food resource management, food safety, and food security. The programs are delivered through local initiatives in the counties throughout the state.
 Contact: Tarana Khan, EFNEP Director, State Program Coordinator, taranak@clmson.edu

The Emergency Food Assistance Program (TEFAP)
agriculture.sc.gov/divisions/external-affairs-economic-development/tefap-csfp
 A federal program that helps supplement the diets of low-income Americans by providing them with emergency food assistance at no cost.
 Contact: Chris Doyle, Program Coordinator, TEFAP/CSFP/SFMNP; cdoyle@scca.sc.gov




SC Programs Breakdown

Program Name	Food Delivery	Meal/ Snack on Site	Nutrition Education	Food Pick-Up	Benefits/ Incentives to Purchase Food	Eligibility
CACFP		✓	✓			All Ages
Clemson Extension Rural Health and Nutrition			✓			18+
CSFP				✓		60+
EFNEP			✓			5-18 years, pregnant teens, parents/primary care givers
TEFAP				✓		All Ages
SFMNP (WIC)			✓		✓	1-4 years, pregnant, breastfeeding/postpartum women
Farm to Early Care and Education			✓			K-12 Students
Farm to School			✓			K-12 Students
FoodShare South Carolina	✓			✓		18+
FFVP		✓				Elementary School Students
Healthy Bucks			✓		✓	All Ages SNAP Recipients
School Wellness: NSLP, School Breakfast, & Special Milk Programs		✓				PreK-12 Students
SFMNP			✓		✓	60+
Senior Nutrition Programs	✓	✓	✓			60+, spouse & individual with a disability in the residence
WIC			✓		✓	0-5 yrs. & pregnant, breastfeeding, postpartum women
SFSP		✓				18 or under
SNAP					✓	All Ages
SNAP Outreach						18+ Application Assistance
SNAP-Ed			✓			All Ages

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SNAC Goals and supporting Initiatives

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5210

SOUTH CAROLINA



- 5** Eat 5 fruits and vegetables per day.
- 2** Limit recreational screen time to 2 hours or less per day.
- 1** Enjoy at least 1 hour of active play.
- 0** Drink 0 sugar-sweetened beverages.

LEVEL UP

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South Carolina Department of Health and Environmental Control
Healthy People. **Healthy Communities.**

Connect With Me!

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