School and Childcare Exclusion List

Frequently Asked Questions

- When should my sick child stay home from school or childcare? If your child feels too sick to go to school or childcare and is unable to participate in activities, please keep him or her at home.
- Does my child need to stay home when he or she just has a cold? Most children with mild colds who have no fever (without taking fever reducing medication) and who feel well enough to go to school or childcare do not need to stay home.
- Does my child need to be out of school or childcare if he or she has pinkeye? No. It is helpful to think of pinkeye like the common cold—it usually clears up without medicine.
- How long will my child need to stay home if he or she is sick? The School and Childcare Exclusion List explains how long children should stay home after they become sick with certain illnesses.
- When would my child have to stay home if my child is not sick?

 Sometimes children will have to stay home from school or childcare if they are exposed to certain diseases. Your school, childcare center, or local health department will discuss the amount of time with you.
- What illness might keep my child from participating in other activities? Children with illnesses that can be spread to others may not be allowed to participate in some sports, physical education, or other school activities.